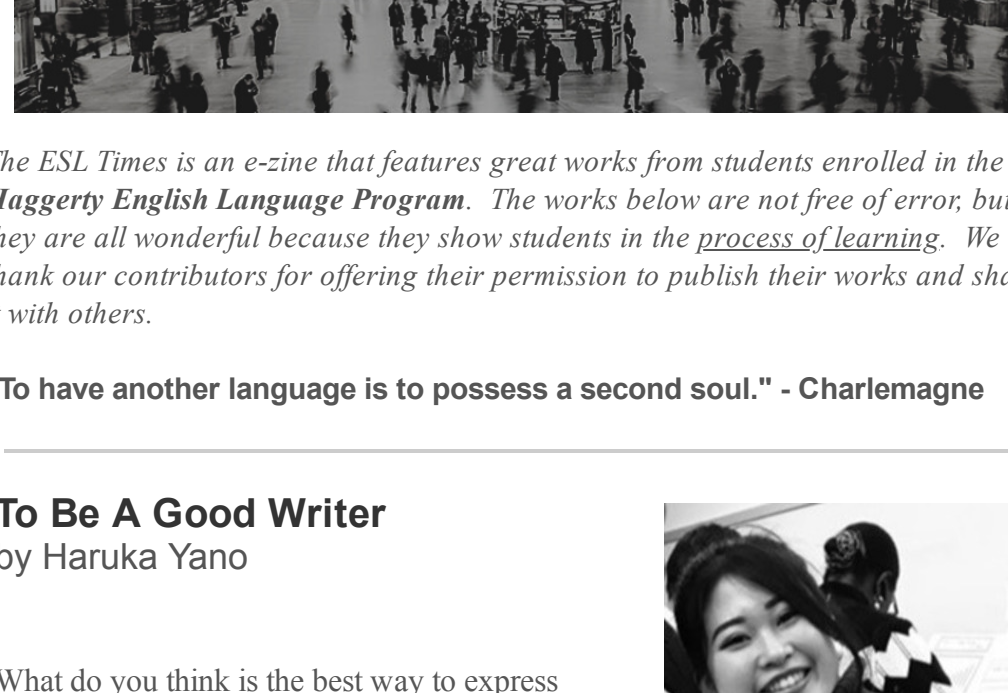


Haggerty English Language Program

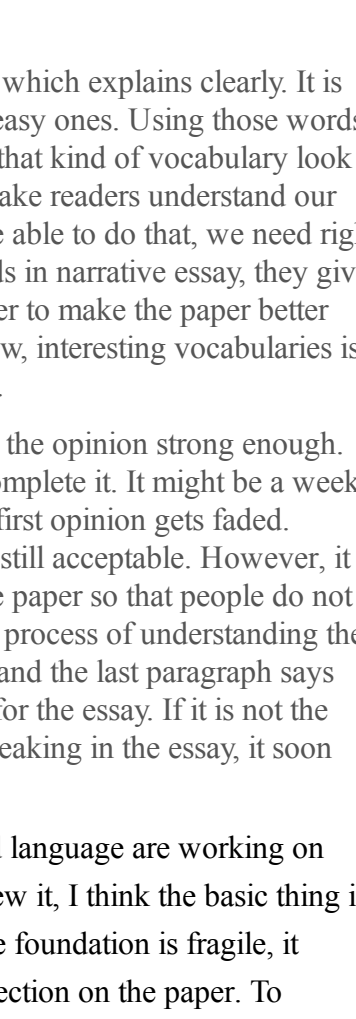


The ESL Times is an e-zine that features great works from students enrolled in the Haggerty English Language Program. The works below are not free of error, but they are all wonderful because they show students in the process of learning. We thank our contributors for offering their permission to publish their works and share it with others.

"To have another language is to possess a second soul." - Charlemagne

To Be A Good Writer by Haruka Yano

What do you think is the best way to express yourself? We have some abilities to explain, and show our opinions and emotions to others. For example, we can speak, sing, draw, dance, and write. In these methods, writing is one of the most familiar things for us to do, and it is sometimes necessary to write strong opinions to convince readers. By understanding how to write, using good vocabulary and with a well-organized paper, we can be a good writer for any opportunities.



Pictured: Haruka Yano

To begin, we have to comprehend the composition to make a clear paper. It has to be an introduction for the first paragraph, and the body paragraphs are to support the topic and the opinions. At the end, we put the conclusion, where we insist on the topic. This seems to be simple, but it has more roles for each of the three sections. For readers, the very first sentence is the most important part of the essay, because if this sentence is not interesting, they of course do not want to keep reading it; this first sentence is called hook.

Second, to convince readers, we need to use words, which explains clearly. It is better to use advanced words instead of simple and easy ones. Using those words shows the writer's ability, and the papers filled with that kind of vocabulary look intelligent. However, we should remember that to make readers understand our essays perfectly is also very important. In order to be able to do that, we need right words at the certain position. Such as adjective words in narrative essay, they give creative imagination to readers. In addition, it is easier to make the paper better than using normal boring words, because reading new, interesting vocabularies is stimulating for the brain, and it keeps readers awake.

For the last step, the most important thing is to make the opinion strong enough. When people write, it usually takes some times to complete it. It might be a week, a month or more. The longer we take, the more our first opinion gets faded. Changing the opinion while we are working on it is still acceptable. However, it must be the same and unified thought throughout the paper so that people do not feel confused when they read it. For example, in the process of understanding the writer's opinion, and we see that the first paragraph and the last paragraph says different opinion, then we never find which is right for the essay. If it is not the same topic, or slightly different from what we are speaking in the essay, it soon loses the power to persuade people.

Many students who are learning English as a second language are working on how to write academic level essay. When I first review it, I think the basic thing is always the most important lesson to remember. If the foundation is fragile, it breaks quickly. It has no effective voice or good reflection on the paper. To express the emotions, feelings, or opinions, we can take time as long as possible and brainstorm well. Then we will see how we are going to work with it, and we will get more and more ideas to make our paper deep. A good point of writing is we can take our time as much as we want. It means we will not miss any expression or what we want to say. Sometimes, books can make us cry, be happy, angry, and calm, but it is just by reading. Therefore, we have to be aware of the power of writing and use it.

Why I Want To Travel Abroad by Yutaro Umetsu

Shining bald head like a rising sun, and a slouching back with his head sticking out like a dinosaur, were the dominant parts of the appearance of my world history teacher in high school. My world history teacher was clever. He was from one of the most elite and intelligent high school and university in Japan. His knowledge of world history and current world politics is so huge. He knew so many facts that he was even seen as a strange person. While he was known by most of the students for his unique personality, he was not respected by all of the students. When half of the students liked his story-like class, the other half disliked his non-descriptive class. I liked his class and still respect him two years after graduating from school. There is a reason why I respect him. He told me the importance of going abroad. You might think "What are you saying? That is obvious," but it really changed my way of thinking.



Pictured: Yutaro Umetsu

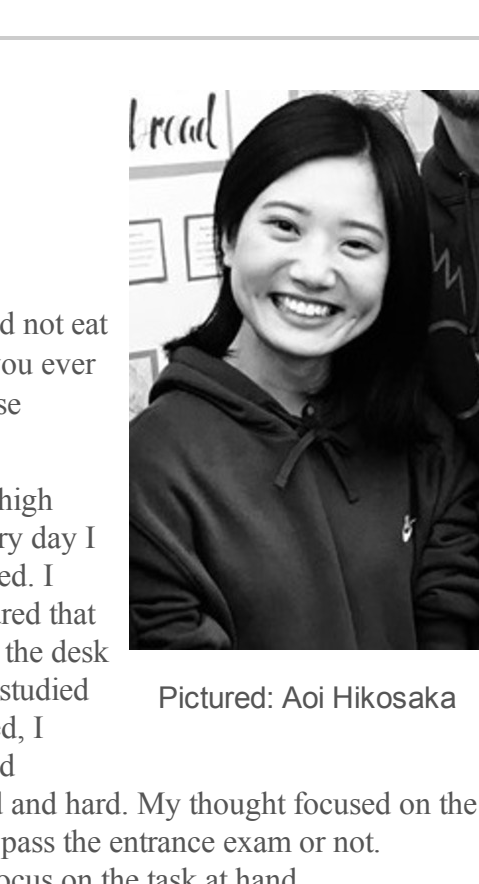
First of all, when he taught us world history, he often used photos to explain how the structures and monuments on the textbook looks like. Those photos helped us a lot. I can still remember the sticky and smooth texture of the photos. They were not a picture printed from a website. They were pictures taken by him during his stay in various countries. Moreover, he went to those countries when he was a university student. Nowadays, it is cheap and easy for us to go abroad. On the other hand, in my teacher's day, it was very difficult and expensive to travel abroad. I don't know the exact time when he was a student, but he went to West Germany and East Germany. So, in such a harsh time, he has visited many historical and ancient heritage sites, which were in the textbook. Of course they are not as well taken as pictures on the textbook. Everyone in the class was just looking at those photos as if it is nothing special, but I always thought they were awesome. I could see the heritage from different directions and they really tell me more information than official ones. I can see people in the picture's happiness and surprise.

Besides those pictures, what he did different from other history teachers was "newspaper news". For these assignments, we had to search for a news story related to international relations and present it in the class. It did not have to be so long. Nevertheless, unfortunately, it was nothing easy. What was hard was the questions given from the teacher. He would ask about four to five questions related to the news or the countries which were related to the news. We were not allowed to think for more than five seconds or search for an answer in the textbook. I can still remember the atmosphere becoming tense when he asked us a question and the sound of one of my classmates swallowing their saliva. So, most of us suffered from his severe lesson and learned that it is important to give attention to international issues. His questions were always something we could have answered if we had known more about those countries.

From his lesson and way of life, I learned that it is important to travel to different countries to gain experience and to interact with many people. I knew from living in the U.K. that it is important to travel to other countries and see with my own eyes. However, three years had passed by then. It was starting to get hard for me to imagine traveling abroad. Therefore, he was the person who made me realize that traveling is something I should do during the university. Now I am in the U.S. and interacting with people who are not Japanese. If I get a job, I will not be able to have free time as I have now. Thus, as he advised, I will try to travel to many places outside of Japan while I am in the university.

The Important Lesson I Learned From My Life by Lijuan Wu

In our lives, we have many choices; different choices made our lives different ways. Some choices will change our lives immediately. If there are two ways for you to choose, the right way or the easy way, which one will you choose? I think we should choose the right way, not the easy way. This is the important lesson I learned from my life experience.



Pictured: Lijuan Wu

A long time ago, when I was an elementary school student, many swim coaches came to my school. They did some physical test to us, and elected me to a swimming training program, after a training period and some competition. They told me I had swimming talent. They contacted with my parents and told them they had a sport school in my city, if my parents sent me to sport school, I could get excellent training in swimming program, even more I would have a chance to be a champion in an Olympic contest. My parents knew I may have talent in sports, but they were hesitating about letting me live in school by myself, and how maybe my schoolwork will be affected. After that they had a long conversation with me and they asked my opinion.

What was my opinion? I just heard from my classmate, that sport school had very little homework to do. This information was very important to me. Since in my original school, every day had heavy homework, I did my homework very late. If the sport school homework was very light, I would be happy every day. Therefore, I told my parents, I like swimming very much, I want to be a champion in the Olympic contest, please send me to this school. (I did think so, but mostly, my happiest thing was less homework. Even though I know students need homework to digest a teacher taught knowledge.)

My parents valued my opinion very much, especially my mom. She was very relaxed mom, always asking my opinion, and letting me do my choice by myself. Every time if she felt I may make a mistake, she would tell me the bad result in my choice and then let me decide by myself. We always talked like friends. We always make joke each other. After swimming coach came to my home three times. They talked a lot with my parents. My parents decided to send me to sport school, as a professional swimmer. The first month passed very happy. I was living in sport school, and every day I could play with my teammate. Indeed, it is true, the school had little paper homework.

However, just a few months later, I felt something different. I chose an easy way was not easy at all. Every day I needed to accept a very big mountain of training (sometimes about ten thousand meters). When we heard the plan standing outside of the pool, we could feel the atmosphere was frozen because we felt it was impossible to finish. When we entered the pool, we felt the cold water flowing around our bodies immediately and the pool was endless. But our coach had many experiences at training. He knew how to arrange the plan could let us to finish. Something like he used small break after every tough exercise program. He just let us up to the cliff and then pull us back. In the end of the day we always held on consistently and persistently by coach's encouragement.

Moreover, I still needed to take a class in the classroom. This was always to me. After training, I felt exhausted and I could not focus in class. Occasionally I even slept lethargically in the classroom, just because I was extremely tired. I started to feel the original school's homework was much easier than the training amount. I thought I picked an easy way, but now I found I selected the much more difficult one. Many years later, I found I had spent a lot of time in swim training. Consequently, I needed additional time to take lessons, read books, and do homework by myself, because when we grow up to work, we need knowledge to help us find or accomplish our desired job. The thing I need but I don't want, I eventually couldn't escape from it. This is meaningful to me, I realized that we need to pay what we owe.

Life has many ways to choose. Sometimes we make a mistake, mistakes also let us learn and gain, but if there is an easy way and the right way. We should choose the right way, not the easy way, since there is no easy way. Otherwise if we choose the right way, we can very easily stay. We know we made the right choice, and it is worth it to persist.

Is the Result Itself the Most Important in Your Life? by Aoi Hikosaka

Did you have the experience that you could not eat and sleep well because of anxiety? Have you ever been overwhelmed? If I had to answer these question, I would say yes.



Pictured: Aoi Hikosaka

Like most student, when I was a senior in high school, in order to enter the university, every day I was studying until the time the library closed. I measured how long I studied, and I compared that of my friends by using an app. I headed to the desk for around 10 hours a day on average and studied 9 subjects. However, when I was in the bed, I thought that I could learn nothing at all, and memorized nothing, so I should study hard and hard. My thought focused on the result, whether I and other students would pass the entrance exam or not. Therefore, it was quite difficult for me to focus on the task at hand.

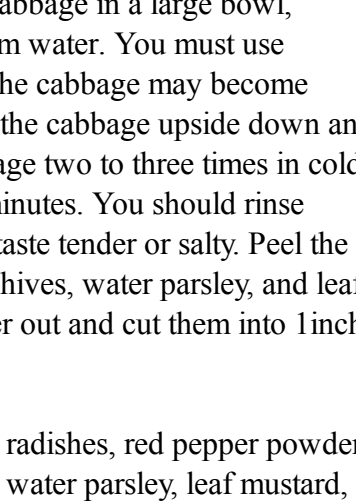
Day by day, my anxiety grew bigger and bigger like gray rain clouds. The clouds filled my head up completely. I could not see the situation around me correctly. The rain clouds came to be rain. At this time, my body terribly roared. I suffered from severe sleepless, no appetite and stomach ache. At the time, every meal was tasteless, slow and heavy for me. Finally, I failed the entrance test it was shocking as the clouds drop terrible thunder.

I decided to study at college preparatory school for one more year to enter the university, but my terrible situation still continued. I absolutely could not solve it by myself, so I asked the guidance counselor worked at this school for more than 20 years to help me. We met once a week at her office during the year. First time when I enter her office, I felt uneasy and my heart was beating so fast because her office was sparse. Although, she soothed me with comforting words. She has a warm atmosphere which looked like holding me softly. She told me that I don't have to have confident and the most important thing is the way to the result itself, not the result. If I made my effort steady and built the way to the target, the results would surely appear later. The most important thing is the process.

Through this experience, my life changed completely. This lesson makes me less anxious and I can come to control the anxiety and perform my best way. Moreover, I learned that a moderate rest makes you maintain your concentration well. I made my rules such as studying at only studying and taking a rest on every Sunday. Everyone surrendered me looked school harder than me, but I understood that I am I and it is the best way for me. I did not need to compare to others. Own to this rules, I could perfectly concentrate on studying and what I had studied was directly could be connected to the result. The next year I could pass the entrance test fortunately. I was so relieved and full of a proud feeling. Nevertheless, entering the university was not the important thing. Rather, I could know about myself and how to fight with stress. Remembering this experience helps me even now.

How to Make Pottery by Hee Joo Yang

Some people want to have their own special pottery like a cup or a plate. They want to make it themselves, but it is not easy to know how. There are many ways to make a pottery and the basic way is easy to follow. It include four steps: choosing a clay body, sculpting a work, glazing, and firing.



Pictured: Hee Joo Yang

Firstly, you have to pick a clay body. You can select from various recipes for your specific purpose. If you want to make a functional object then you have to choose soft and a fine texture clay body without any sand. Otherwise, if you build a spacious scale sculpture then you can choose a rough and plastic texture clay body. At this beginning stage, you must use your dust mask and gloves when handling and mixing clay and glaze chemicals. Making a clay body is easy to start. Once, you measure every material through a recipe, add them to a mixer slowly, while it is kneading. Let it mix 5-10 minutes. After mixing is finished, grab a small chunk, knead it, then make a thick coil and bend it over your finger. If it breaks, the clay is too dry. If it bends without cracking, it is perfect. If you cannot make a coil because it sticks to your hands, it is too wet. At the end of this process, you must clean up the mixer for the next person.

The second step is building your work using a clay body. In this stage, you should think about your work like function or design. When you select all options, you should check a method. There are a lot of methods to make pottery like wheel throwing, pinching, coiling, and slip casting that use a plaster mold, etc. After that, it is always important to maintain the proper temperature and speed when working on pottery because if it is too slow, the object will harden and the work will no longer be possible. When you finish the work, it should dry slowly and perfectly. If you do not get rid of any water inside of clay, it will crack when firing.

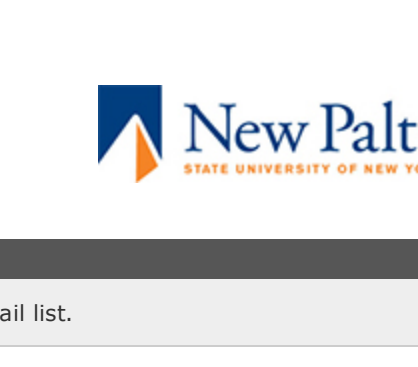
The subsequent stage is a glazing. Glaze is a mixture of oxides such as silica and alumina that can be applied to the surface of a ceramic like coating. Before that, you have to first fire the work called bisque. Bisque is an unfinished pottery that is usually fired at low temperature. During the glaze stage, you can choose the main color of ceramic. If you make a functional work, you must glaze for shiny surface and waterproof an item. To start this process, you should clean up your work from a dust and apply a glaze use brush, air spray it or just dip it in the glaze bucket. Then, wipe the glaze off the bottom of work. If you do not wipe the glaze, it will melt and stick to the kiln.

Finally, if you've finished all the previous steps, you have only got one last step left. The purpose of glaze firing is making the pottery waterproof and the body is more solid. The temperature is much hotter than bisque fire. To start a glaze fire, you have to check a cone. The cone is showing a firing range of a clay. If a clay body and glaze are cone 6 then you should check a temperature of cone 6. You cannot use more than cone 6. If you set it to a different temperature, you will not be able to get the result you want. After that, you can load a work into a kiln and select all options like temperature, pre-heating for drying, and holding time for glaze melting. It will go up to medium speed and go down slowly to prevent a crack of the glaze surface because when a hot surface suddenly meets the cold air, it contracts and cracks the surface. So, you have to open a kiln door slowly to enjoy your work.

All these steps look complicated, but every routines are simple and easy to follow. When you see a final result, you cannot hide your surprise. It is a valuable process that you can own your own cup, bowl, or plate.

My Childhood Friends Memory by Kentaro Uchida

In my childhood, especially in elementary school, I was very humble. However, I had some good friends, his name was Saiki. He was a very clever, talkative, athletic, kind, and he was not tall, wore glasses, and he had a little bit of a high voice. I didn't know why he got along with me until the time I heard some stories from my mother, but after I knew the story: My way of thinking about life was changed.



Pictured: Kentaro Uchida

One day, I went to the theater to watch a movie with him and another friend. We were going to go by his mother's car, and we went and enjoyed watching and eating lunch and talking. This is the story which I heard after we went back home. One day before we went to a theater, he said to his mother not to come with us, just to drop us off and wait in the car eating rice ball. Just like everybody thinks, his mother asked him why he hung around me since I did not talk much in an enjoyable way. He told his mom that I was not such a person. He knew if there was no stranger around I would ordinarily talk. He also said that one day his friends promised to hang out with him, but none could come because of different reasons. But none of them told me they weren't getting together. However, he said I was different from the other guys, and I was that kind of person, so he wanted to get along with me. When I heard this story, I was surprised, and I was deeply touched by his kindness, because I didn't know he thought so deeply and got along with me. In that time, I had never thought about friends, but I chose friends is really important for our lives. However, after I heard the story, I swore to my heart to be a friend with him, and I noticed I didn't have to change, to stay different is not bad, because someone will notice our effort or thought for sure.

After we graduated from elementary school, we did not talk a lot. However, I think if we do not talk, we could still be friends. Recently, I heard he is still clever, because he entered to medical school. I was relieved that he has not changed, he is still as he was. No matter how much time passes, he will not change. In these days, some people consider the number of friends is important. However, I don't think so. The important thing for making friends is to trust each other, and how long we could keep relations. To be different is necessary. Even if many people dislike you, someone likes you. I want to think about it constantly, and if I confront a crossroad, I will think back the story, and never forget it.

How to Make Kimchi by Minhyeok Lee

Have you ever tried kimchi? If the taste of kimchi in the United States is not its true taste, would you believe it? Kimchi eaten in the U.S. has been modified for Americans who can't eat spicy food. It changed to suit Americans' taste. Also there is only cabbage kimchi in America, but there are more varieties of kimchi and each kimchi has a different method of cooking. In addition, there are different ways to make kimchi in different regions. However, since cabbage kimchi is the most popular in the U.S. and Koreans say that jeolla-do food is the best, we will focus on them. Here is how to make the most popular and the most delicious Jeolla-do kimchi, including how to prepare fresh ingredients and seasoning, and mix cabbages with the seasoning.

Pictured: Minhyeok Lee

First of all, we need four heads of cabbage, 500 grams of coarse salt (2 cups), a kilogram of radishes, 300 grams of scallion(1 cup), 500 grams of leaf mustard (2 cups), 200 grams of water parsley(7/8 cup), 200 grams of red pepper powder (7/8 cup), 150 grams of chopped garlic(3/4 cup), 30 grams of ginger(1/4 cup), 10 grams of salted shrimp (1/8 cup), 100 grams of salted yellow corvina(1/2 cup) , 20 grams of sugar(about 2/8 cup), 300 grams of glutinous rice(1 cup) paste and a little table salt. These are for seasoning ingredients. Also these are from Korea, so if you can't get Korean ingredients, you should find alternatives, for instance, you can use soy sauce from your country for salted shrimp, but if you change them, the flavor is totally different.

Second, turn the cabbage over and cut it in half from the bottom of the cabbage and take off the outer leaves. Also cut it into 2-4 equal pieces according to the size. It should be cut to a suitable size, not too small, but not too big. The suitable size is about the length of an arm. To marinate, put cabbage in a large bowl, sprinkle coarse salt, and then drain with the lukewarm water. You must use lukewarm water. If you don't use lukewarm water, the cabbage may become tender and the crunchy texture may disappear. Turn the cabbage upside down and marinate for five to six hours. Rinse marinated cabbage two to three times in cold water and use a sieve to drain the water out for 30 minutes. You should rinse cabbage; if you don't rinse them, the seasoning can taste tender or salty. Peel the radish and shred it into 0.2 inch thick pieces. Wash chives, water parsley, and leaf mustard, then clean and use a sieve to drain the water out and cut them into 1 inch long pieces.

Next, seasoning. Finely chop the salted shrimp. Mix radishes, red pepper powder, and salt and make it red. Add seasoning ingredients, water parsley, leaf mustard, and scallion and mix lightly. If you mix hard, you can create the smell of grass; that smell can make you feel sick. Place marinated cabbage on top of seasoning and carefully apply seasoning from the outside. The important thing at this time is to season one leaf of cabbage at a time to season well. Also, the ingredients in the seasoning won't get evenly applied and the kimchi may not taste good. So do not waste your effort, just put the seasoning on carefully. Roll up the kimchi and put it in a kimchi container or an enclosed container with the remaining sauce because the sauce is also used during cooking. When we make soup or other dishes, we usually use it.

This is how to make Korean-style kimchi. If you really want to eat Korean Kimchi, you can taste Korean kimchi if you buy Korean ingredients. Koreans make kimchi with sincerity. This is why kimchi has become the food that promotes Korea. In addition, kimchi can taste different with time because it is a fermented food. It means we can taste various flavors from one dish. Also we add kimchi to diverse dishes. So why don't you make kimchi and enjoy many Korean foods?

Works Cited

Han, Emily. "How To Make Easy Kimchi at Home." Kitchn , Apartment Therapy, LLC., 30 Aug. 2019, www.thekitchn.com/how-to-make-easy-kimchi-at-home-189390.

Upcoming Dates

Dec. 6 (1:30 pm - 3:00 pm)

End of Semester Ceremony

Dec. 9

Last Day of Classes

Dec 11 (9:45 am Check-in)

TOEFL Test (Optional)

December 12 (10:00 am)

Accuplacer

December 19

Official End of Fall 2019 Semester

December 20

Residence Halls close at 10 am

