Parent Resources

This guide is both for you and your parents. Feel free to share this with your parents.

Supporting Your Student through their COVID-19 Study Abroad Returnee Experience

Your returning students is going to need a supporting network as you and the rest of your family are going to play an essential part. You can play an important role in assisting your student to take time to reflect on their time abroad.

We understand these are uncharted territory, but we will provide you some tips for getting started.

1. Ask students to talk about their time abroad and really listen to what they must say.
2. Help them find ways to bring aspects of their host culture into everyday life.
3. Tap into different mediums for exploring their experience.
4. Recognize if they need assistance.
5. Prompt them to explore outlets for continuing to share their stories.
6. Recognize that they recently returned from an opportunity that likely gave them a newfound sense of independence. It is difficult to regress from this.
7. Understand they still have a significant workload and may still be working across time zones and cultures.
8. Encourage them to finish the semester. Many students feel discouraged from completing outstanding tasks. This is the home stretch!

Below are some resources on how they can best assist you through this process.

- How parents can help their study abroad student during COVID-19
- Supporting Your Student through their COVID-19 study Abroad Returnee Experience